

Double-layered Bootie (usually felted)--two versions

Materials: 100% wool yarn if to be felted; appropriate cylinder, largest stitch setting, contrasting yarn for scrap and to mark sectioned rounds.

Ultra simple version:

1. Cast on in scrap yarn; change to working yarn (WY). Knit one round in WY.
2. Knit a toe using whatever method you like best. (I always use the flatbed style.)
3. Knit length of foot. If to be felted, add at least 10 rounds to length.
4. Knit heel as in #2.
5. Knit ankle/leg length. This is usually short--30 rows or less. I use 20 on thick yarn.
6. Form picot edge. (Can change colors here if you want inside and outside different colors.)
7. Repeat #5.
8. Repeat #4.
9. Repeat #3.
10. Repeat #2.
11. Kitchener both toes closed.
12. Push one layer inside the other. Tack together or pin in several places so yarn doesn't shift. If you feel the stockinette side might felt together a bit, pin a layer of plastic inside the foot portion. Toss in washer and dryer to felt.

A little more complicated version, but no need to tack or pin.

1. Cast on in scrap yarn; change to working yarn (WY). Knit one round in WY.
2. Knit a toe using whatever method you like best. (I always use the flatbed style.)
3. Prepare length of contrasting yarn about 2" long to mark rows. Every ten rows, place a marker by knitting a piece of yarn into a stitch so you can find that row easily. Note which needle you use for your markers and mark all rounds in the same place for ease of locating it later. (The first time you do this, place more than one in the round. After you do it a time or two, one marker will suffice.) For a size 8 foot, I used 60 rows in the foot. On thinner yarns or for larger sizes, increase by 10 or more rounds for each full size. It will help if you have experimented with your yarn to know the number of rows needed for a particular size and how much the yarn changes when felted.
4. Knit heel.
5. Knit length of leg using markers for every ten rounds. (Thus, for a 20 row leg you only need one marker.)
6. The top edge folds more nicely if you use a picot edge here, but it's not essential.
7. Knit first 10 rounds. Pull up the piece to locate your first marker and place that stitch onto the needle in its same location on the current row. Repeat this tacking process another 5 or 6 times in various places on this knitted round trying to use stitches from the same round as your marker. (If you are off a little, it won't matter a whole lot.) From now on when you tack a round, the stitches will appear to stretch out to be about 3 rows long and your pulldown will only be on those stitches so be sure you use enough of them to keep your stitches in contact with the cylinder edge. These stitches will straighten out to their proper size when you remove the piece from the machine.

8. Knit next 10 rounds and repeat tacking. If you used 20 for the leg portion, you are ready for the heel. If you used more, then continue the tacking process until you have equalled the number of rounds in your first layer.
9. When knitting the heel, I tack a stitch at each side when I reach the hash marks. It is usually easy to find that spot in your first layer without having it marked. Then finish the heel.
10. Continue tacking layers each time you reach a marker.
11. Repeat the final toe the same as in #2,
12. Kitchener your toes closed.
13. Your item is permanently tacked in place so the layers will stay put for felting. Just toss in washer and dryer to felt. If you want to embellish with needle felting, insert a foam inside the sock and create your pattern.
14. You may also want to add something to the sole portion to avoid slips and falls. I have used silicone bathroom caulk squished into the mesh (can be done before felting) as well as leather. To use leather, trace a foot for appropriate size. Cut a pattern from the tracing leaving 1/4" extra for sewing. This can be attached using the sewing machine if you have a leather needle. Place the leather with the rough side down and position the footie on top of it in place. Zig zag around the edge catching a bit of the knitting as you sew. Be sure to stretch the bootie slightly because your foot will do that when the bootie is worn. You will want it to still stretch to its proper size.